

My Pledge

To: _____

I promise to love and care for you
using the skills I have learned to protect you from harm.

You are innocent and trusting, so I will tell everyone who cares for you to treat you
gently, to never yell, hit or shake you in anger, and to always put you "back to sleep."

If I lose my patience when you cry, I promise to take a "time out" until I am calm.

I will hold you close and keep you safe.

Love, _____

place your
baby's foot or
handprint here

It only takes a minute
to keep your baby safe



www.childresources.org

The Hannah Rose Project